

# Targeting Toilet Readiness



*“Autism is a lifelong developmental disability that affects how a person communicates with, and relates to, other people. It also affects how they make sense of the world around them.”*

*National Autistic Society UK. 2014. What is autism?*

## Targeting Toilet Readiness

This workshop is designed for parents who are unsure where to begin with toilet training their neurodivergent child, or for those who have faced challenges with previous attempts. Our aim is to equip you with the knowledge and strategies to help your child succeed. We'll cover key topics such as building healthy toileting habits, creating a supportive environment, using effective communication techniques, and identifying helpful resources. This session will provide practical guidance to make the toilet training process easier for both you and your child.

## What is covered?

- Understanding the signs of readiness to commence toilet training.
- Understanding the importance of preparing the environment to support with toilet training.
- Exploring strategies to support toilet training.
- Understanding NDIS supports for continence and other support services available.

## Who delivers the presentation?

The presentation is delivered by knowledgeable Allied Health staff from The Kids Research Institute Australia's CliniKids – a nationally unique model integrating research practice and clinical services. CliniKids' vision is to reduce the time to translate evidence-based research into clinical practice and to the wider community; and improve the quality of support available to WA families and schools.



## Next steps

For further information on this presentation or your unique learning needs, please contact:

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