

# Seeking Autistic Children

## Can wearing a sensory vest support anxiety?

## Help us find out!

Many autistic children have trouble processing sensory information, and this can make it difficult for them to regulate everyday behaviour. Specialised clothing has been developed to help keep the sensory system calm, but we don't know if it may help children manage anxiety.

**We need the help of autistic children and their parents to test the effects of a sensory vest.**

### Who can participate?

Children who:

- ✓ have a diagnosis of **autism**
- ✓ are **aged 8-12 years**, and
- ✓ have **anxiety and sensory problems**
- ✓ not currently using sensory clothing

### What is involved?

Your participation in this study will last for **4 months total** and includes:

- **5 in-person visits** (parent and child) at CliniKids (Perth: Subiaco or Joondalup)
- **Online parent surveys** (repeated over time)
- Parent completing a **regular diary** on their phone

There will be two groups for this study, and children in each group will be given vests to **wear for 3 months of the study**.

Children will be randomly allocated to either the:

- Treatment group (children receive the sensory vest)
- Placebo group (children receive the placebo vest)

The study is funded by the Medical Research Future Fund

**For more information or to get involved**

Scan the QR code below to register your expression of interest online, and a team member will contact you.



**OR**

Click the link below to go directly to the online page to register your expression of interest.

<https://redcap.link/svwa>

**La Trobe University**  
**Ethics Committee approval:**  
HEC25245

**University of Western Australia:**  
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