



Relationships and Feelings

“Autism is a lifelong developmental disability that affects how a person communicates with, and relates to, other people. It also affects how they make sense of the world around them.”

National Autistic Society UK, 2014. What is autism?

Relationships and Feelings

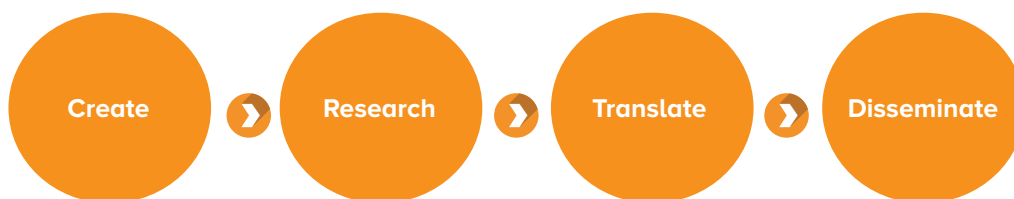
Learn about the impacts on the development of healthy relationships for young autistic children. Understand how to support and build safer relationships with your young autistic child. A practical and straight-shooting look at relationships and feelings.

What is covered?

- What ‘attachment styles’ mean and your role in them.
- What is ‘trauma’ and its impact on behaviour.
- Valuing and understanding what’s happening in the brain.
- Strategies for emotional regulation: yourself and your child.
- What being a safe person means.

Who will deliver the presentation?

The presentation is delivered by a Clinical Psychologist, from The Kids Research Institute Australia’s CliniKids, who works with young autistic children. CliniKids is working to bring research into therapy sessions as soon as possible. CliniKids’ vision is to share with others around the child — educators, parents and the community — the best way to support autistic children to flourish.



Next steps

For further information on this presentation or your unique learning needs, please contact:

 08 6319 1133

 clinkids.reception@thekids.org.au