



# Relationships and Feelings



"Autism is a lifelong developmental disability that affects how a person communicates with, and relates to, other people. It also affects how they make sense of the world around them."

National Autistic Society UK. 2014. What is autism?

# **Relationships and Feelings**

A presentation looking at impacts on the development of healthy relationships for young autistic children. A valuable insight for educators wanting to understand how to support and build safer relationships with and for their young autistic students. A practical and straight-shooting look at relationships and feelings.

### What is covered?

- Attachment styles and understanding the educator's role in attachment.
- What is trauma and its impact on behaviour.
- Valuing and understanding what's happening in the brain.
- Strategies for emotional regulation: yourself and your student.
- What being a safe person means.

## Who delivers the presentation?

The presentation is delivered by knowledgeable Allied Health staff from CliniKids – a nationally unique model integrating research practice and clinical services. CliniKids' vision is to reduce the time to translate evidence-based research into clinical practice and to the wider community; and improve the quality of support available to WA families and schools.



# **Next steps**

For further information on this presentation or your unique learning needs, please contact:





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