



# SenseVest Study

Can wearing a sensory vest help with anxiety in autistic children?

Can wearing a sensory vest support anxiety?  
Help us find out!

Many autistic children have trouble processing sensory information, and this can make it difficult for them to regulate everyday emotions. Specialised clothing has been developed to help keep the sensory system calm. We want to know if this may help children manage anxiety.

We need the help of autistic children and their caregivers to test the effects of a sensory vest on anxiety.

To find out more and express your interest, simply scan the QR code. Or, contact us via:

E: [sensevest@thekids.org.au](mailto:sensevest@thekids.org.au)

Who can participate? Children who:

- Have a diagnosis of autism
- Are aged 8 to 12 years old
- Have anxiety and sensory problems

The study is being led by La Trobe University and includes two trial sites - one in Melbourne and one in Perth.



Ethics: LTU HREC HEC25245/UWA HREC 2025/ET000711